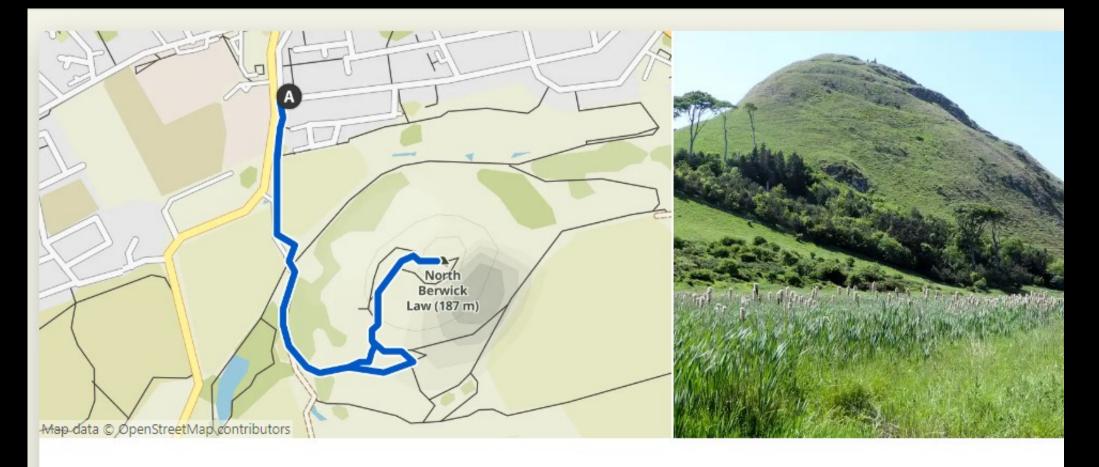
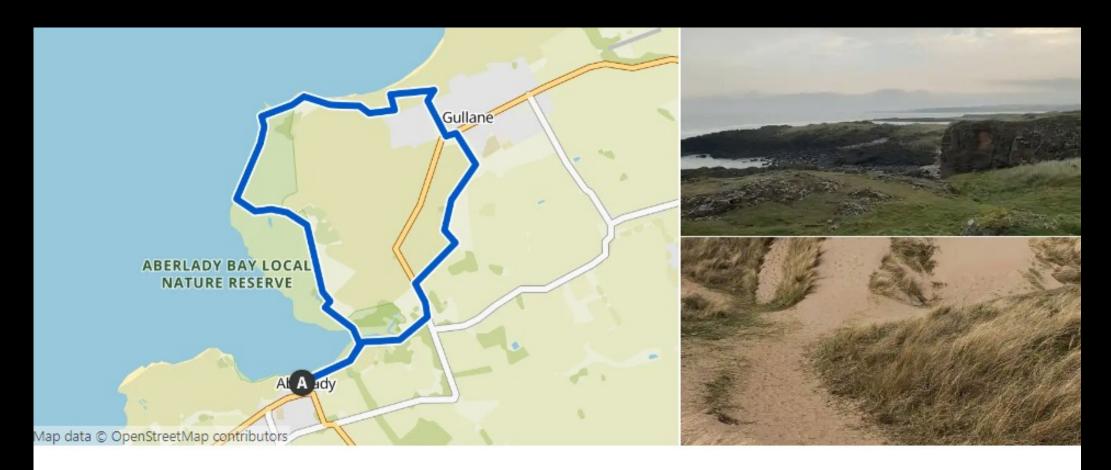
20 East Lothian Walks



North Berwick Law Loop from North Berwick

Difficult 0 00:48 ↔ 1.48 mi 0 1.9 mph 7 350 ft > 350 ft

Expert Hiking Tour. Great for any fitness level. Sure-footedness, sturdy shoes and alpine experience required.

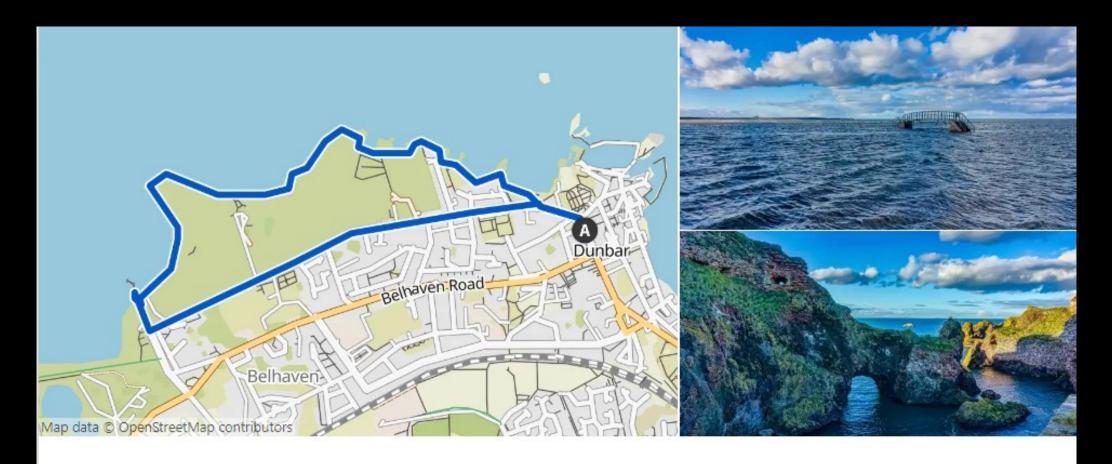


2

Gullane Beach – Gullane Bents Loop from Aberlady

Intermediate

Ō 02:51 ↔ 6.84 mi Ø 2.4 mph 7 225 ft ≥ 225 ft

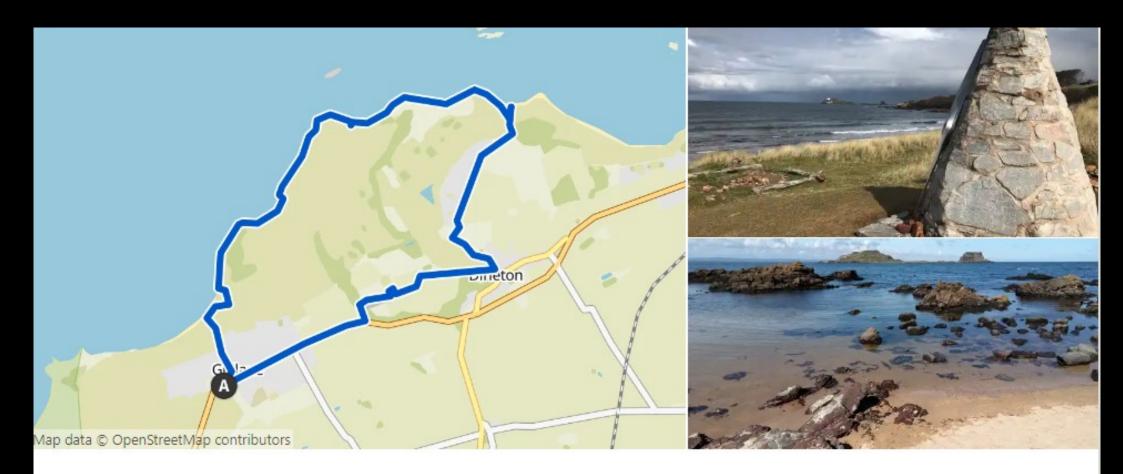


Nice views along the coast – Belhaven Bay Loop from Dunbar

Average Speed

Easy

Ō 01:12 ↔ 2.89 mi Ø 2.4 mph 7 100 ft 100 ft





Fidra - Yellowcraig Beach Loop from Gullane Distance

Intermediate

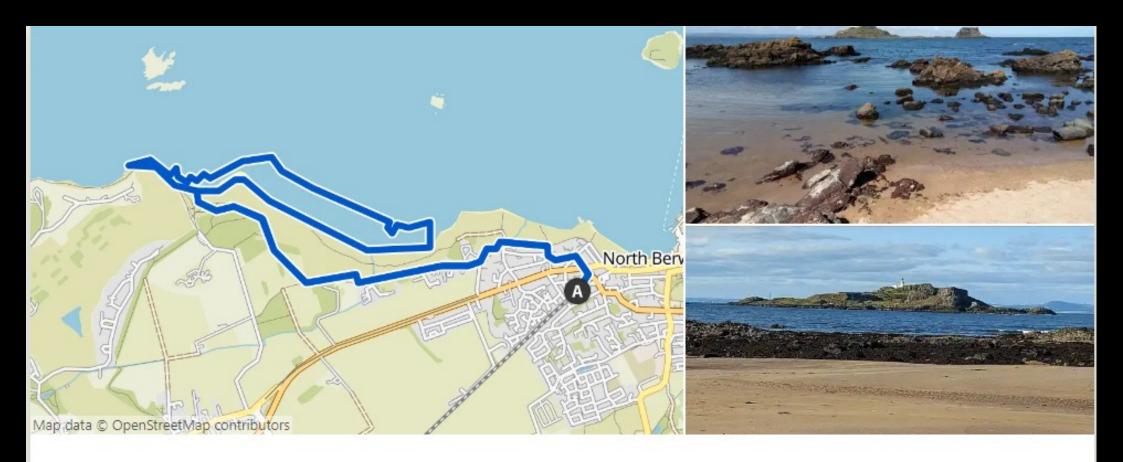
Ō 03:28 ↔ 8.36 mi Ø 2.4 mph 7 225 ft ≥ 225 ft



Priestlaw Hill Loop from Oldhamstocks

Intermediate 🗓 (

① 03:11 ↔ 7.16 mi Ø 2.2 mph 7 675 ft > 675 ft

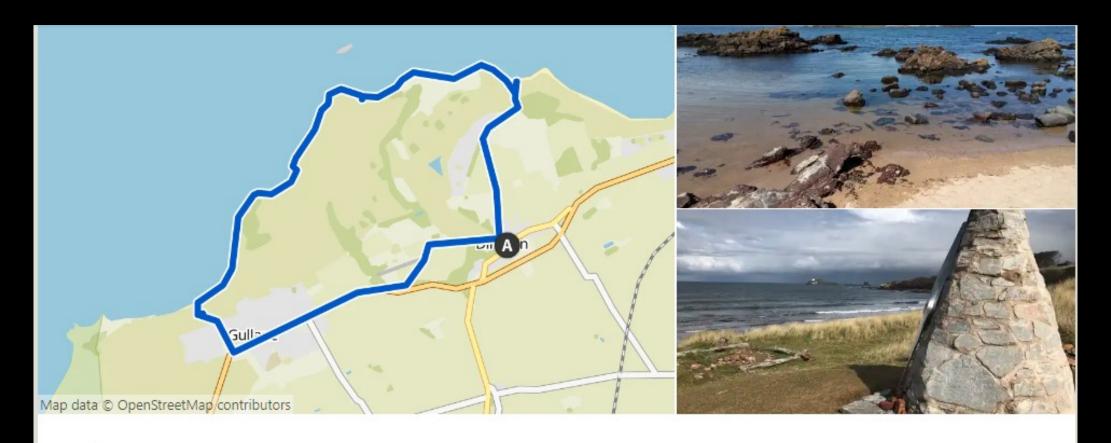


Yellowcraig Beach – Fidra in the distance Loop from
North Berwick

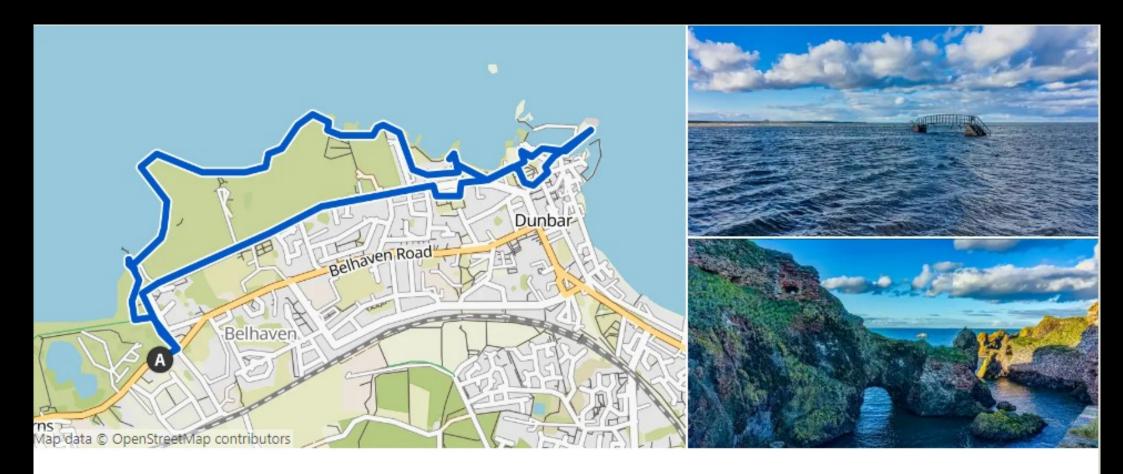
Average Speed

Intermediate

Ō 03:33 ↔ 8.64 mi Ø 2.4 mph 7 175 ft ≥ 175 ft



Yellowcraig Beach – Fidra Loop from Dirleton



Belhaven Bay – Nice views along the coast Loop from Belhaven

Easy

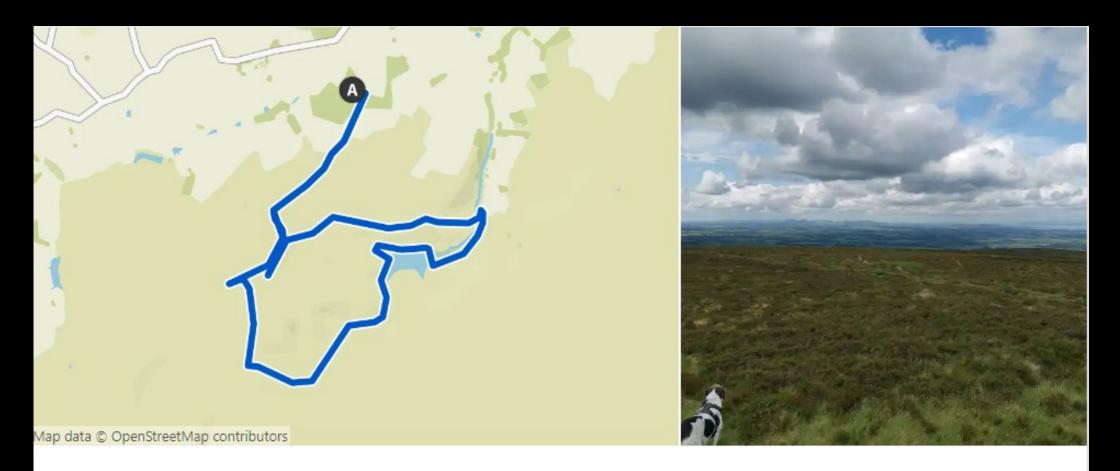
Ō 01:43 ↔ 4.10 mi Ø 2.4 mph 7 125 ft ≥ 125 ft



Scottish Seabird Centre - Viewpoint Loop from North **Berwick**

Intermediate

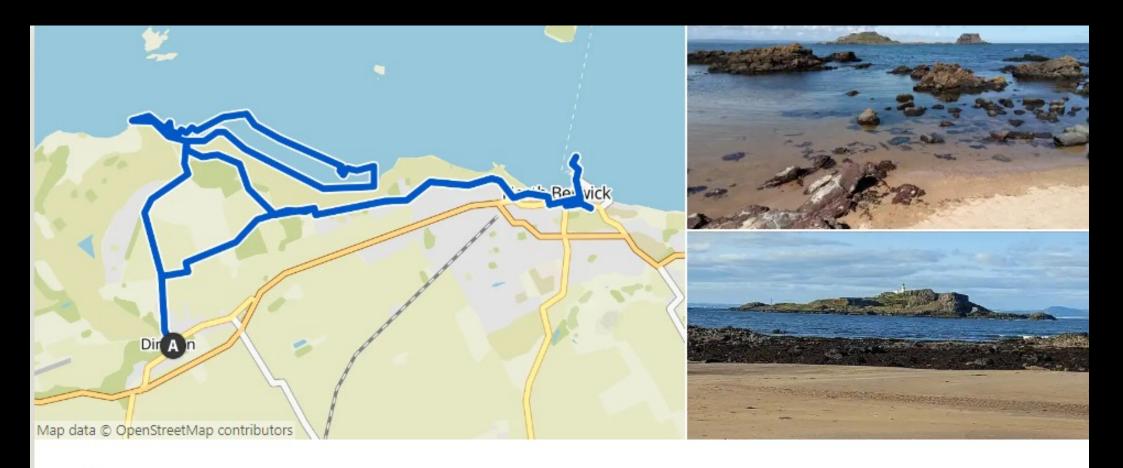
Ō 02:28 ↔ 5.86 mi Ø 2.4 mph ↗ 225 ft ↘ 225 ft



10 View North Loop from Gifford

Difficult 0 05:10 ↔ 10.5 mi 0 2.0 mph 7 1,900 ft 1,900 ft

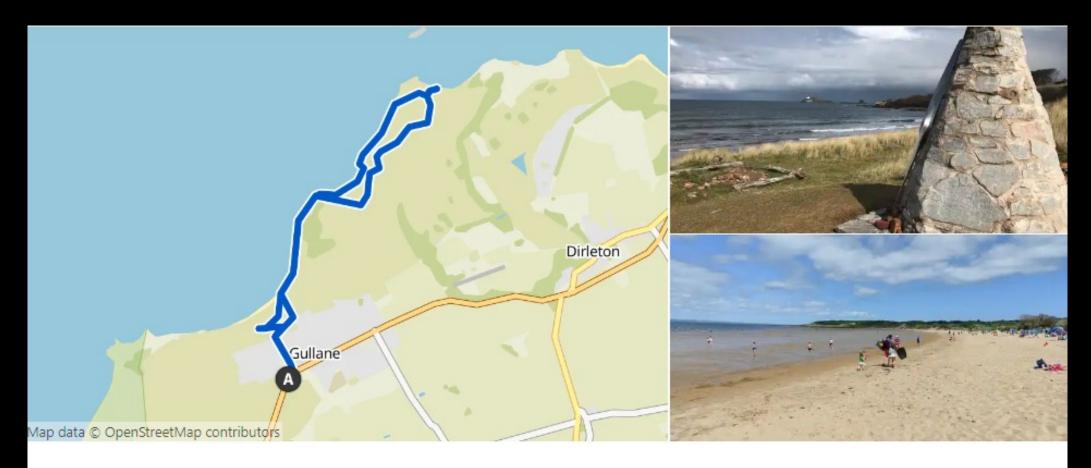
Expert Hiking Tour. Very good fitness required. Mostly accessible paths. Sure-footedness required.



Yellowcraig Beach – Fidra in the distance Loop from Dirleton

Difficult

Ō 05:02 ↔ 12.2 mi Ø 2.4 mph 7 300 ft > 300 ft

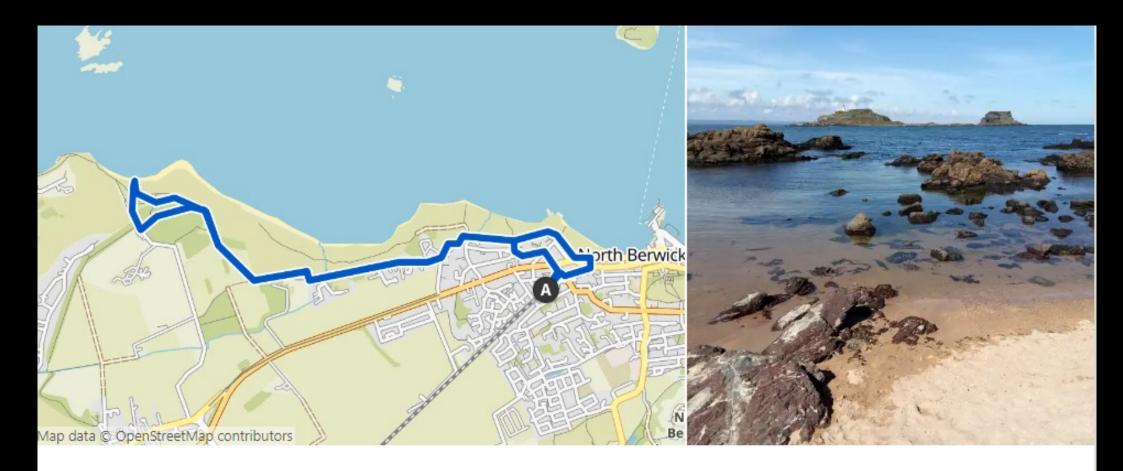


12

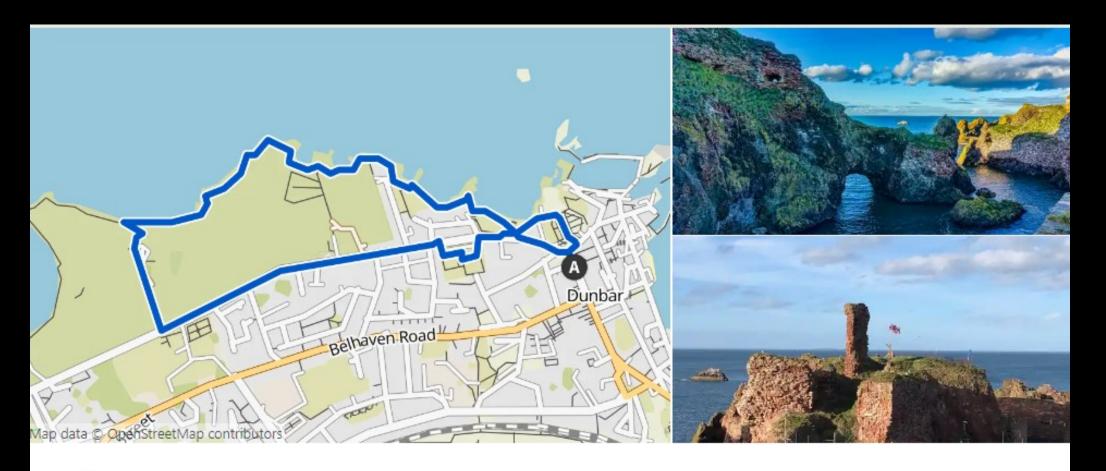
Gullane Bents – Fidra Loop from Gullane

Intermediate

Ō 02:27 ↔ 5.86 mi Ø 2.4 mph 7 200 ft > 200 ft



13 Yellowcraig Beach Loop from North Berwick

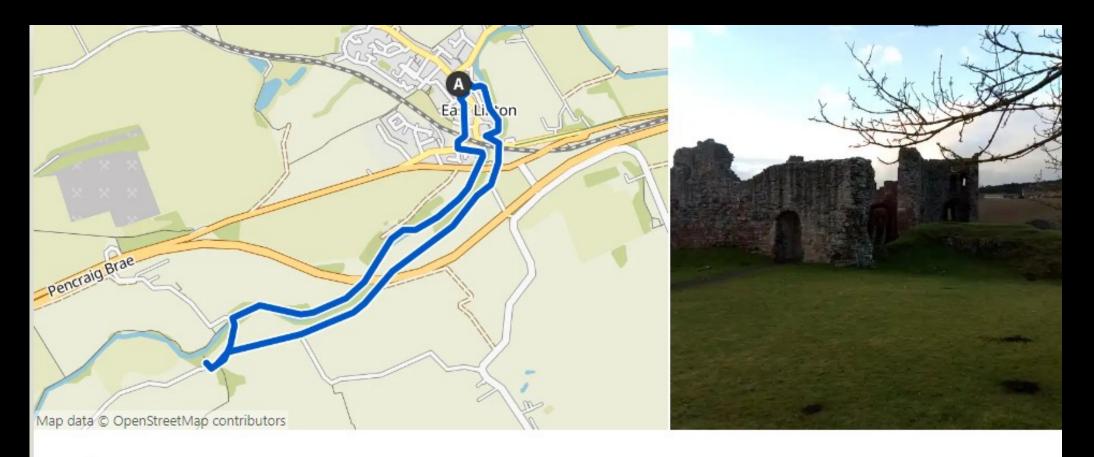


14

<u>Viewpoint Rocks & Arches – Dunbar coastal path Loop</u> <u>from Dunbar</u>



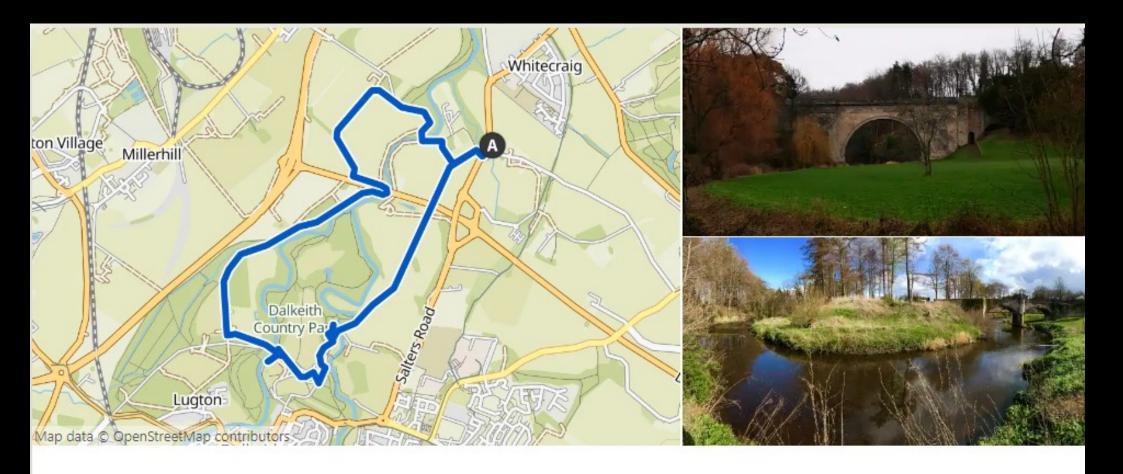
Ō 00:57 ↔ 2.30 mi Ø 2.4 mph 7 50 ft > 50 ft



15 Hailes Castle Loop from East Linton

Easy

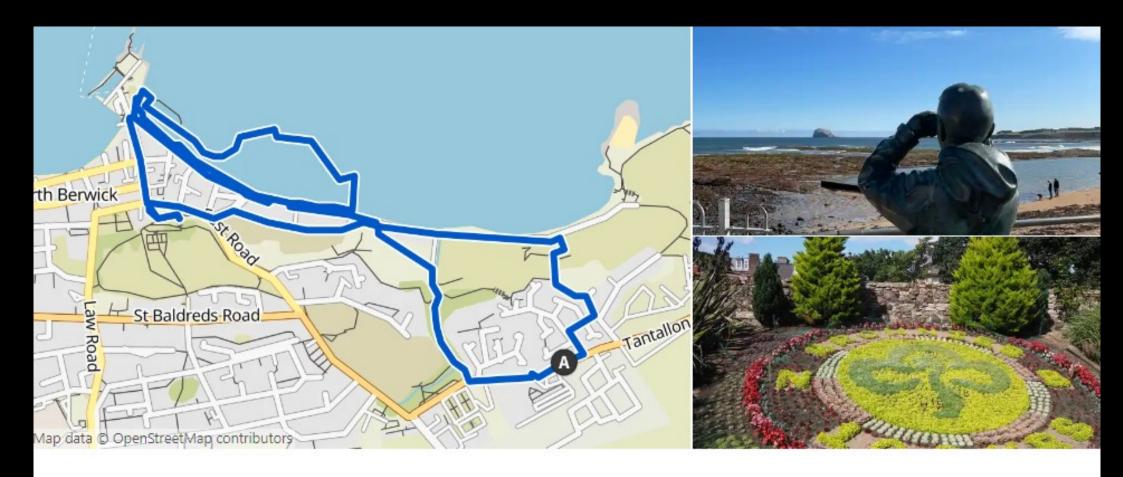
Ō 01:37 ↔ 3.88 mi Ø 2.4 mph 7 100 ft 125 ft



Montague bridge – Orangery Loop from Whitecraig

Intermediate © 02:08 ↔ 5.08 mi Ø 2.4 mph ↗ 175 ft ↘ 175 ft

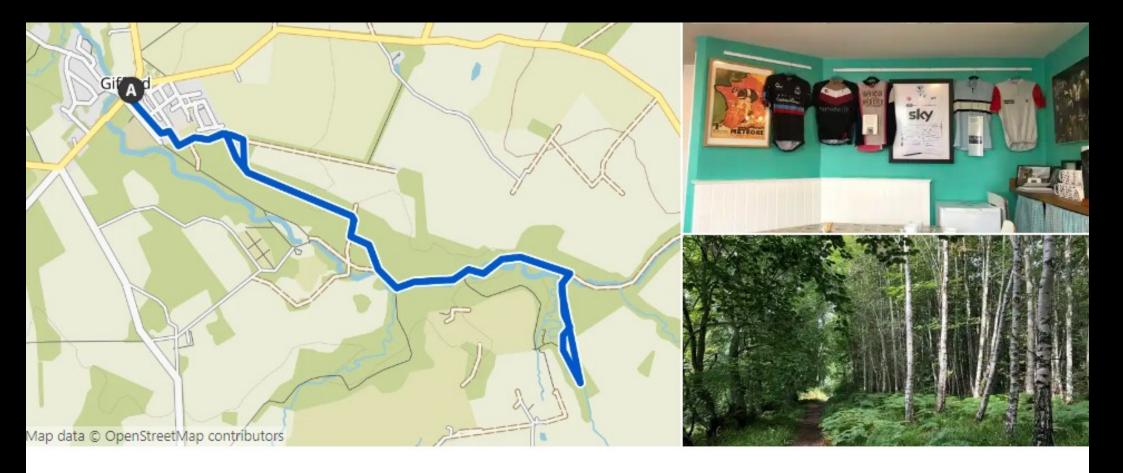
Intermediate Hiking Tour. Good fitness required. Mostly accessible paths. Sure-footedness required.



Scottish Seabird Centre – Lodge Grounds Loop from North Berwick

Easy

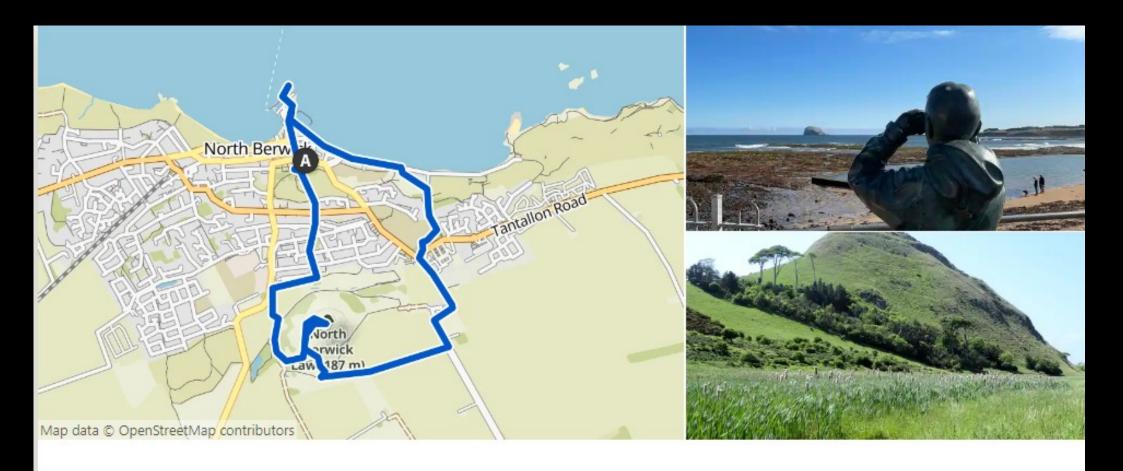
Ō 01:31 ↔ 3.60 mi Ø 2.4 mph 7 150 ft ≥ 150 ft



Lantern Rouge cafe – Yester Path to Gifford Loop from Gifford

Intermediate

Ō 02:03 ↔ 4.74 mi Ø 2.3 mph → 325 ft → 325 ft



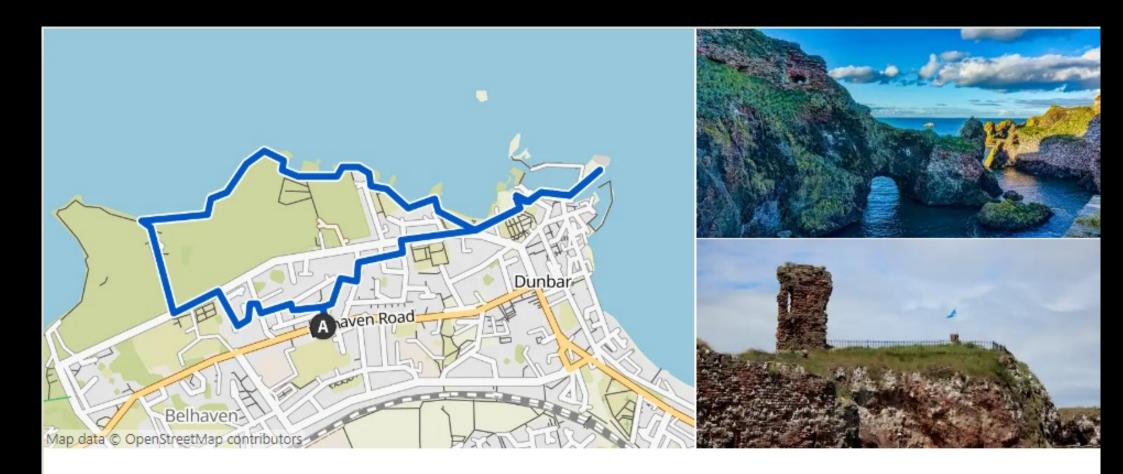
Scottish Seabird Centre – North Berwick Law Loop from
North Berwick

Average Speed

Difficult

Ō 01:58 ↔ 4.23 mi Ø 2.2 mph 7 475 ft > 475 ft

Expert Hiking Tour. Great for any fitness level. Sure-footedness, sturdy shoes and alpine experience required.



Viewpoint Rocks & Arches – Dunbar Castle Loop from Belhaven

Easy

Ō 01:14 ↔ 2.95 mi Ø 2.4 mph 7 75 ft > 75 ft